

Om Agathiar Thunai



ஸ் அகத்தியர் சன்மார்க்க சங்கம், டெங்கில், மலேசியா

# 想要念诵的,可以念诵

WHOEVER WANTS TO SAY CAN SAY

## 唵 沙拉挖那做地也 那摸 那麻

OM SARAVANAJOTHIYE NAMO NAMA

您是否在寻找着幸福和生活的目的?

Are you looking for Happiness and Purpose in Life?

全人类需要遵循以下的原理:

ALL MANKIND SHOULD FOLLOW THESE IMPORTANT PRINCIPLES BELOW :

- 1) 每天祈祷10分钟. 每天早晨和晚上必须吟诵 “唵 沙拉挖那做地也 那摸 那麻”  
Do daily prayers for 10 minutes. Compulsory, mornings and evenings daily chant "OM SARAVANAJOTHIYE NAMO NAMA"
- 2) 想实现幸福,就必须捐助饥饿或有需要的人. 至少每天/周/个月帮助两个人.  
To realise happiness, serve or give to the hungry or needy people according to your capability. At least two people per day or per week or per month.
- 3) 吃素. 人类不应该为了食物或其它原因杀生.  
Become vegetarian. Mankind should not kill or harm any lives for the purpose of food consumption or otherwise.

阿让卡 马哈 得西各 刷米各, 特利其 王卡拉姑地尔

- Arangga Maha Desigar Swamigal, Trichy.

ONGARAKUDIL

